2:Friedl E-5 (1955-1959):863 EH1 Greece EH1
Vasilika

the child that he would have the agent inject him just as if he were a chicken. The child started to cry, and after two or three minutes, his father righted the child and comforted him.

Sometimes adults use similar methods to discipline a child. On one occasion, a group of women were discussing the coming Easter festivities, and the two-year-old niece of one of them kept climbing on and off her aunt's lap. The child was told several times to sit still but ignored the request. Finally, her aunt laid the child on its back across her knees and laughingly told her they would kill her like the Easter lamb. The woman ran the edge of her hand over the child's throat to demonstrate the slitting of the lamb's throat. The others laughed and added vivid details. The child's eyes showed panic; she struggled up out of her aunt's lap and sat quietly on a stool for about fifteen minutes until they both left. We heard the aunt speaking gently and endearingly to the child as they departed.

As the foregoing examples indicate, when adults deliberately frighten children or even stimulate milder forms of distress, they do not abandon the child to his misery but try to relieve the anxiety by physical affection and soothing words. In spite of this, however, a three-year-old child will often try to hit a parent or elder brother or sister who is causing distress. He is laughed at for his futile efforts by those watching the scene. Four- and five-year-old children respond to the teasing by walking away or by maintaining stolid expressions. Once they do this, the severity and frequency of the teasing by elders decreases, and the pattern continues mostly among the children themselves in their relations with each other. Practical jokes continue on into adolescence. From the adults' point of view, the teasing is no longer amusing or valuable for discipline because the child has gained enough knowledge, enough intelligence to know that the process is a kind of game and has acquired the skill with which to handle his side of it. Mentally retarded individuals never learn, and they are baited and teased for the amusement of the watchers all their lives. From the child's point of view, the constant reassurance he receives after the pain may teach him that there is no real or permanent danger in the adult actions except that of ridicule, and that is what he learns to try to avoid.

Just as the teasing leads to a recognition that other people's actions and words should not be taken at face value, so does another common pattern of dealing with children—the pattern of deliberately lying to them. Usually, parents or older brothers and sisters lie to a child to get him to do what he does not want to do. For example, a three-year-old child may be asked to go into another room to fetch something. The child does not respond to several requests; his mother then tells him his father is in the other room and will give him candy if he goes. The child thinks he remembers that his father left for the fields early in the morning, and therefore is not likely to be in the next room; he makes a comment to this effect; his mother seriously reassures him that his father is really in the next room; he becomes uncertain and, finally, cautiously goes to the door, opens it slowly and looks inside. At this point his mother and anyone else around laugh at his look of chagrin.

losis in the provinces as compared to the cities, and Greeks interviewed gave as their opinion that this was true of the health picture generally.

Doctors are very highly respected. There have been women doctors in Greece, as well as women dentists, for many years; but the village image of the doctor is one of a man. However, a woman is much freer to discuss gynecological difficulties with a woman physician. There is great reluctance to mention the genital areas, and many women do not even know the appropriate terms to use. The acceptance of the *metrica*, the maternity difficulties, may be partly due to the reluctance to have this general area exposed and examined.

The handicapped are not easily accepted in Greece. To be crippled, blind, lame, means that one is not quite a person. Children might even jeer at the handicapped without being reprimanded. Amputation is therefore a terrible calamity, because it makes a person incomplete. Such a person cannot be accorded the respect that goes with the ability to assume responsibility. Parents may discourage their daughter from marrying a one-armed man whom they otherwise like in every respect, and who is perfectly capable of making a good living. Such people are assumed to be dependent. Greeks were bewildered by an UNRRA one-armed worker. Not only was he in the wrong function, but he could not fall into any known pattern of relationship, since he insisted on being physically self-sufficient. Since he would not accept help, the Greeks were uncomfortable with him, not knowing how to treat him.

Malaria, the great scourge which increased tuberculosis through lowering resistance, and which decreased production by sapping the energy, is now almost completely defeated by the spectacular DDT campaign. In the beginning of the campaign, the specialists, unaware of the peasants' love of sleeping in their orchards on hot summer nights, sprayed only the interiors of houses; when breeding grounds were also attacked, however, the campaign was totally effective, and has been of inestimable value for the introduction of further changes, since it won the confidence of the people.

Traditionally, there is no connexion between hygienic measures and health. Cleanliness is part of being well-ordered and well-groomed, not a matter of removing germs. And cleanliness is patterned. There is a day for scrubbing the kitchen floor, for changing sheets, for changing underwear, for going to the bath; there is a time for washing the face and the hands. There were never many latrines in rural areas and the situation has been aggravated through the war; in 1948, it was reported that 98 per cent of the farmers had no latrines.

NUTRITION

The Greek meal is a family ritual. It is a social occasion, a communion of the family, which does not have to be enhanced by special